

Achieving a sustainable and affordable food system

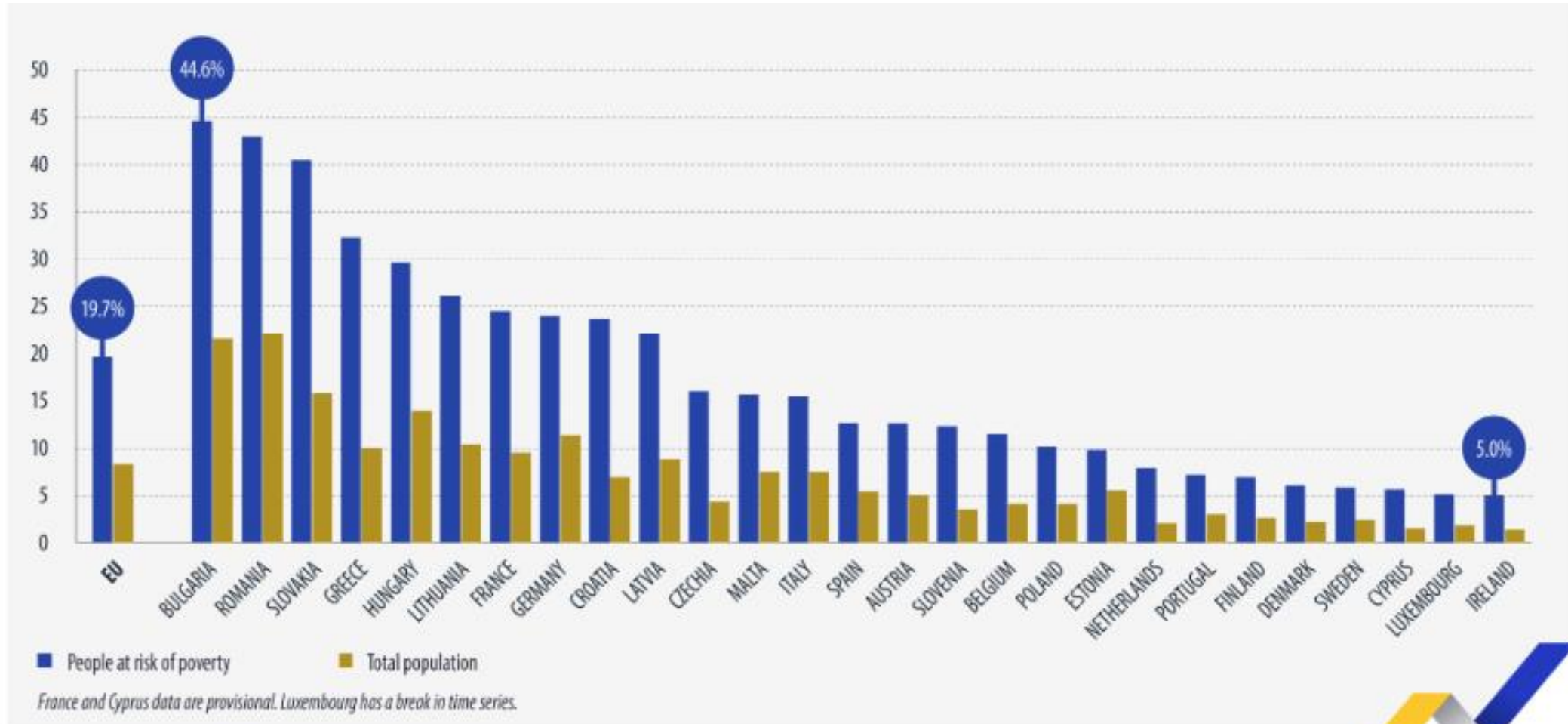
Dr. Vincent N. Delhomme | European Parliament, Kangaroo Group, 22 January 2025



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Share of the population unable to afford a quality meal every second day (2022)



Costs of diets by dietary pattern, food group and region (2021)

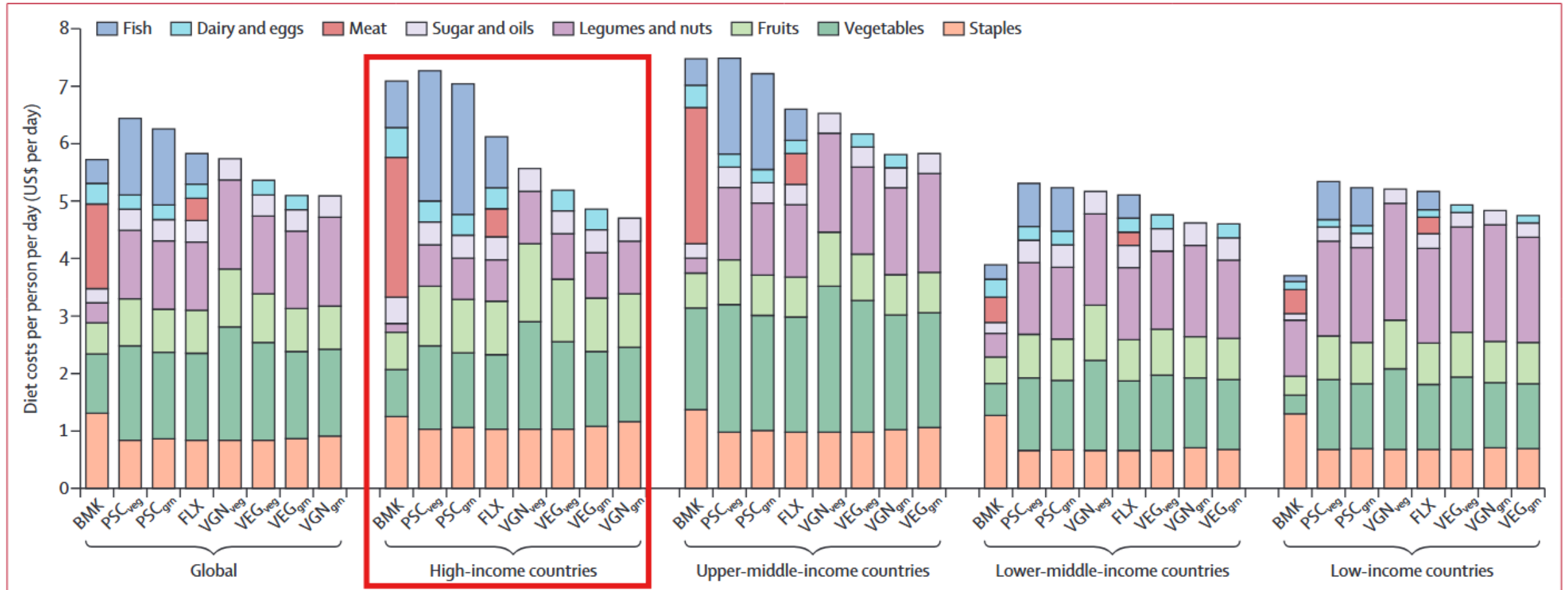


Figure 1: Costs of diets (US\$ per day) in 2017 by dietary pattern, food group, and world regions grouped by income

BMK=benchmark diets. FLX=flexitarian diets. PSC=pescatarian diets. VEG=vegetarian diets. VGN=vegan diets. Veg=diet variant high in fruits and vegetables. Grn=high-grain diet variant.

Price, carbon footprint and nutrient density of a selection of meals in Europe

